

Introducing a new way to experience your faith and your surroundings: Mini Pilgrimages.

Anna Sheetz and Leah Bergman have put together six small journeys to places in or around Iowa City that you can take by yourself, with your family, or safely with a small group. You will travel to the location, learn a little bit about it, explore it as you wish, and then bring your faith into it through a brief, guided study. The hope is that you will try one of the pilgrimages we offer and then create your own! Where is a place that you love? Or, is there a place that feels holy to you? We will be providing a template that you can fill out and share with others so they can experience it as a “mini pilgrimage” as well.

You will be able to find the pilgrimages on our website, shared on Facebook, and in upcoming editions of this newsletter.

Questions? Contact Leah (leah.bergman@firstpresioiowacity.org) or Anna (anna.sheetz@firstpresioiowacity.org).



Lent begins with Ash Wednesday February 17, 2021 Worship at 7:00 p.m. on Zoom



Ash Wednesday begins the season of Lent with a public act of confession.

Acknowledging that we have all sinned and fallen short of God's glory, we repent and return to our loving creator. Acutely aware of our failure and frailty, we express our utter reliance on God's saving grace.

Ash Wednesday developed in the medieval period as a time when penitent sinners were presented for church discipline during the season of Lent, to be reconciled with the community of faith on Maundy Thursday. Ash Wednesday also came to be the occasion for new believers to enroll in the catechumenate, a period of preparation for baptism at Easter. For those who undertake spiritual disciplines, Ash Wednesday marks the beginning of the Lenten fast.

Ashes are an ancient symbol of repentance, sorrow, and sacrifice. Traditionally, the ashes for this service are made from the palm branches of the previous year; thus the ashes and palms together frame the season of Lent. (From *The Book of Common Worship*, p. 247)

This year we will gather at 7:00 p.m. on Zoom to worship together. Though we will not have ashes with us, we will still perform the ritual of marking the cross on our forehead or the forehead of someone in our household and remember that we are dust, and to dust we will return.

Inside this issue:

Session Highlights	2
Wednesday Eve During Lent	3
Worship Preludes	4
First's Family	5
God in the Wilderness Series Equipping Ministries	6 & 7
Honoring Your Wishes	8
FAQ Endowment/Memorial	9
Friends of Pasrur	10

Dear Members and Friends,



I cannot see if you are smiling, but I can see you on Zoom.

I cannot touch you, but I can see you on Zoom.

I cannot see your non-verbal cues, but I can see you on Zoom.

I cannot have casual one-on-one conversations with you, but I can talk to you on Zoom.

I cannot see if you're standing straight, but I can see you on Zoom.

I cannot see you in person, but I can see you on Zoom.

I cannot see what you are wearing, but I can see you on Zoom.

I cannot sit at a table over coffee with you, but I can see you on Zoom.

I cannot gently touch your hand, but I can see you on Zoom.

I do not always know if you are at home, in town, or somewhere else in the country, but I can see you on Zoom.

I cannot enjoy see you holding hands with your partner or squeezing your grandchild close to you, but I can see you on Zoom.

I cannot offer you something to eat, but I can see you on Zoom.

I cannot tell so easily if you've cut your hair, but I can see you on Zoom. (I haven't cut mine in a long time!)

I can see you on Zoom while I'm wearing my slippers. I can see you on Zoom when it's snowing, blowing cold wind that burns the skin. I can see you on Zoom without getting in the car. I can see you on Zoom at any hour we're both available to talk. I can gather friends from near and wide for an instantaneous reunion on Zoom.

What has God given us during this pandemic to break the silence, to challenge the monotony, to keep relationships alive, to pass on essential relationships? Zoom.

Maybe we're only at the beginning of the Zoom era and will become more proficient and satisfied with it. Right now, though, I thank God for it because it helps me stay in touch with you. It is how we will worship together on Ash Wednesday and Wednesday evenings during Lent.

If you don't use Zoom and would like to learn, let me know. I'll help or find someone who can help.

With gratitude,

Terry

he/his/him



January 19, 2021 Meeting

Motions passed:

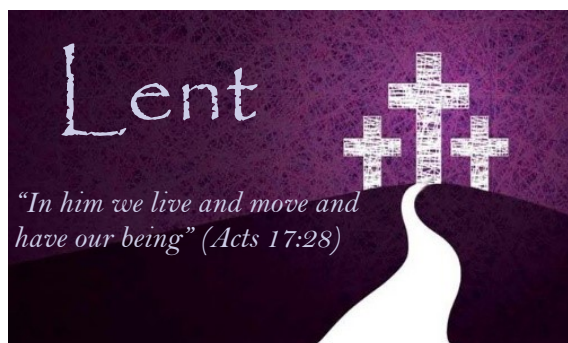
Elected Sharon Raffensperger representative to Community Pastoral Board

Elected Jeremy Fletcher (moderator), Michelle Bessman, Bill Preucil and Amy Orris to the Endowment Committee

Elected Richard Van Rheeden Stated Clerk

Approved 2021 balanced budget using PPP funds

Complete Session minutes will be posted on our webpage after they are approved by Session.



"Lent comes from an old English word for springtime, perhaps connected with the lengthening of days in this time of the year in the Northern Hemisphere. The season of Lent is a time for growth in faith—through prayer, spiritual discipline, and self-examination in preparation for the commemoration of the dying and rising of the Lord Jesus Christ. In ancient Christian practice, Lent was a time of preparation for the celebration of Baptism at Easter. In many churches, it remains a time to equip and nurture candidates for Baptism or Confirmation, and for the whole community of faith to reflect deeply on the theme of baptismal discipleship. Reconciliation is a key theme in the season of Lent—reconciliation with God and with one another through the grace of Jesus Christ.

Lent is a period of forty days—like the flood of Genesis, Moses' sojourn at Sinai, Elijah's journey to Mount Horeb, Jonah's call of repentance to Nineveh, and Jesus' time of testing in the wilderness. The Sundays in Lent are not counted among the forty days, as every Lord's Day is a celebration of Christ's Resurrection. Lent begins with Ash Wednesday and concludes at sunset on Holy Saturday, at the start of the Great Vigil of Easter.

—From *The Book of Common Worship*, p. 233

This Lent, we will explore what it means to worship with our whole selves—mind, body, and spirit—by incorporating breath and movement into our worship. You are encouraged to share how you worship and experience faith in your everyday lives using your body and breath as well as your mind and spirit. As we worship virtually (without seeing others) the hope is that you will feel more freed to "live and move and have your being" (Acts 17:28.)

Wednesday evening faith formation during Lent Beginning at 6:00 p.m. on Zoom

6:00 p.m.	Time for Fellowship
6:20 p.m.	Faith Story
7:00 p.m.	Worship

As with everything else, we are doing our Lenten Soup and Sharing Time differently this year. We will still have the sharing of faith stories, but it will be done via Zoom. We will gather at 6:00 for a time of fellowship. As you are welcome to eat your supper at that time if you need/want to. At about 6:20 we will start a time of sharing. Each week a different person from our congregation will share their faith story for 15–20 minutes. The sharing will be followed by a time for questions and discussion. At 7:00 we will transition into a short worship service.

Community Prayer Box

It might be covered in snow but everything inside is still ready for you and our neighbors to release your worries to God.

Pray More ... Worry Less

Worship Preludes during Lent

During a pandemic influenza spreading through mid-16th century England, John Sheppard composed a setting of the medieval Latin antiphon *Media vita in morte sumus* (In the midst of life, we are in death). The antiphon (short song) text gives thanks for God's mercy and deliverance in the face of trouble. Martin Luther paraphrased the antiphon as the chorale *Mitten wir im Leben sind*, whose translated text begins:

Though in midst of life we be,
Snares of death surround us;
Where shall we for succor flee,
Lest our foes confound us?
To thee alone, our Savior.

At this stage of the pandemic, I find myself yearning for moments of beauty – snow outlining the branches of the pine tree in my front yard, a particularly lovely turn of phrase, a sunrise of many colors. In the midst of trouble and death and masks and hand sanitizer and physical distancing, nestled beside are beauty and life and hope.

Lent is a time when we reflect on this paradox of death and life. In the lectionary texts for the season, we see Jesus stepping closer and closer to the cross, yet we are also reminded of God's grace and mercy. Beauty shines through when Noah gazes on the rainbow of God's covenant, when Abraham and Sarah survey the night sky and know that God's promises are vaster and deeper than they can ever comprehend, when Mary anoints Jesus' feet with a costly perfume that fills the house with fragrance, when the psalmist prays for a clean heart and to hear joy and gladness again. In the midst of trouble and death, these texts remind us of the beauty of lives lived within the light of Christ's life, death, and resurrection.

But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him. He seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. (Ephesians 2:4-7, part of the lectionary texts for the Fourth Sunday in Lent)

This year, the worship preludes for the five Lenten Sundays are brief piano pieces from 20th-century composers. I pray they may become pockets of beauty and grace within your Lenten journey.

First Sunday in Lent (Feb. 21): *Pajaro Triste* by Federico Mompou

Pajaro Triste translates to *Sad Bird*. On the first Sunday in Lent, we hear of God's covenant with Noah (Genesis 9:8-17). Consider the dove that Noah sent out from the ark. On the dove's first trip, "the waters were still on the face of the whole earth" and it returned to Noah (Genesis 8). On its second trip, it came back with "a freshly plucked olive leaf." The dove did not return the third time, as the waters had receded and life was restored.

Second Sunday in Lent (Feb. 28): *Notturmo alla Italiana* by Reynaldo Hahn

A *Notturmo*, or nocturne, is a composition evocative of night. Hahn's nocturne is at times reflective, at times joyful. In the first lesson appointed for this day (Genesis 17:1-7, 15-16), God establishes a covenant with Abraham and Sarah. Earlier in Genesis, God describes the covenant by taking Abram outside and saying, "Look toward heaven and count the stars, if you are able to count them.... So shall your descendants be."

Third Sunday in Lent (March 7): *Nocturne No. 8* by Francis Poulenc

For this third Sunday, another celestial nocturne. Consider this verse from the psalm appointed for the day: *The heavens are telling the glory of God; and the firmament proclaims his handiwork.* (Psalm 19:1)

Fourth Sunday in Lent (March 14): *Consolation* by Jean Sibelius

This piece continually repeats a descending five-pitch pattern, almost as a sigh. In the midst of trouble, when our sighs become too deep for words, God redeems us. Together with the psalmist, we rejoice: *O give thanks to the Lord, for he is good; for his steadfast love endures forever.* (Psalm 107:1)

Fifth Sunday in Lent (March 21): *Ecce ancilla domini* by Jehan Alain

In the liturgical year, the Annunciation of the Lord is celebrated on March 25 (nine months before Christmas). Alain's chant-like piece is a reflection of Mary's response to the angel Gabriel from Luke 1:38: *Ecce ancilla Domini, fiat mihi secundum verbum tuum* (Here am I, the servant of the Lord; let it be with me according to your word). The cradle and the cross meet as Jesus prays at the Mount of Olives, "Father, if you are willing, remove this cup from me; yet, not my will but yours be done." (Luke 22:42)

In the midst of life, in the midst of death, in the midst of the hope of the resurrection, may the beauty of God's grace and mercy and peace surround and uphold you.

Yours in Christ,
Melissa Moll

First's Family

If you have a news item for the First's Family News, please submit it for publication by March 1 to tammy.foster@firstpreswac.org. Thank you!



February 15-28

2/18 Peggy Guither
2/19 Cullen Schroeder
2/23 Ruth Van Voorhis
2/25 Bradley Hamilton
2/27 Jeanie Wade-Nagle
2/28 Nancy Ross
2/28 Joan Decker
2/28 Deann Claypool
2/28 Byema Lipanda

March 1-15

3/3 Gloria Zajicek
3/4 Carol Kirsch
3/5 Matt Degner
3/6 Shalom Bigaba
3/7 Jan Gwinn
3/10 Fred Uthe
3/10 Linda Uthe
3/11 Rebecca Morgan
3/11 Joshua Fletcher
3/12 Sue Dallam
3/12 Chris Kolarik
3/14 Tom Bergman



***Known
to have been
Hospitalized:***

Linda Couch

We extend our deepest sympathy:



To the family and friends of **Betty Lacina**, who died on February 1. Her funeral was February 9 at Gay and Cih Funeral and Cremation Services and led by Pastor Terry Purvis-Smith.

To the family and friends of **Ruth Van Voorhis**, who died on January 30, and to the friends and family of **Keith Long**, who passed away on January 27.



A Beloved Tradition in COVID-19

Each year, FPC fills the sanctuary with Easter lilies to celebrate loved ones, beautify the space, and bring wonder to our worship services.

Due to the COVID-19 pandemic, we will not be meeting in the sanctuary. Staff are eager to honor this tradition in a way that continues to celebrate, beautify, and bring wonder to our church.

This year, instead of our Easter lilies, there will be a collection of vegetable starters for our First Presbyterian Church Garden. There will be a collection space at the church building during Holy Week (from March 28–April 3) and then there will be a church planting event on Holy Saturday. More details will be given in the next newsletter. For information or questions, please contact Anna at Anna.Sheetz@firstpreswac.org.

Equipping Ministry is Taking Sunday School Outside!

We're going to start **God in the Wilderness** series; an Outdoor Sunday school for elementary youth and younger!

This may not be your exact idea of a traditional Sunday school—it will be an intentional hour each week when we can connect with each other in a COVID-safe way and have a short discussion of where we found God in the wilderness that day.

There will be some guidelines in place. These will be the things we covenant together so we might keep everyone safe.

Masks must be worn by all participants at all times. We will work to stay 6 feet away from anyone we are not 'podded' with already. We ask anyone who is sick, with a fever within the last 24 hours, or showing signs of COVID to stay home. If children are coming, we ask one parent to stay and provide care for their child if needed (this way we all stay 6 feet away at all times). Each participant is responsible for their own transportation. Families may leave whenever they feel unsafe — whether their health is at risk or it is too cold/hot.

Anna covenants to: Provide safe locations that are accessible by all; may communicate clearly if anyone in the Sheetz's household is sick, work to find a 'substitute' leader if Sheetz family is sick.

Some final "ground rules:" The group will not meet if outdoor temperatures are "Real Feel" of 25 degrees or more (by [accuweather.com](https://www.accuweather.com)). The group will be canceled via email by 10 a.m.; cancel the group if participants do not follow healthy safety precautions.

Sunday, February 21, 1-2 p.m.

Hickory Hill Park (First Avenue Entrance)

Let's adventure through Hickory Hill park, right by the church!

Over the mountain and through the woods, to learn about God we go!

Sunday, February 28, 1-2 p.m.

Iowa River Landing Wetland Park

(300 E. 9th Street, Coralville, IA, 52241)

Hidden away in the Iowa River Landing is a really neat place with boardwalks. Let's find some wetland plants and animals!



Sunday, March 7, 1-2 p.m.

Iowa City Park

Shakespeare once said, "All the world's a stage and all ... merely players." Let's meet at the outdoor stage and see what kinds of plays we can stage!

Sunday, March 14, 1-2 p.m.

Mercer Park

Let's meet at the big pavilion in Mercer Park. We'll have a short class and then we'll get to play!

Sunday, March 21, SPRING BREAK— NO MEETING

A separate time for 7th grade youth and older to meet once a month.

Due to fear of the groups being too large, there will be an age-specific time for adults to meet—once a month until we gauge interest or the group desires to meet more often. This group will abide by the same guidelines as above. The times we will meet are:

Sunday, February 21, 2-3 p.m.
Hickory Hill Park (First Avenue Entrance)

Sunday, March 28, 2-3 p.m.
Church Garden at FPC

YOUTH GROUP CURRENT SCHEDULE

4th–6th grade meets 3:30–4:30 p.m. on Zoom.

7th–12th grade meets from 4:30–6 p.m. on Zoom.

We will continue to meet on ZOOM for the time being.

Both Groups will use this meeting: Join Zoom Meeting

<https://us02web.zoom.us/j/84314271767?pwd=dDBNU1ppMVpzQTB4VzNOZmc4ZS84QT09>

Meeting ID: 843 1427 1767

Passcode: 242461

Wednesday, February 17, 2021

4th–6th Youth Finally, the Promised Land!

7th–12th Youth Our series on loneliness continues—"I compare you, my love, to a mare among Pharaoh's chariots."

Wednesday, February 24, 2021

4th–6th Youth We'll take a break and have a COOKING Class! Families will be asked to pick up the ingredients from First Presbyterian beginning Sunday, February 21. We will have a cooking adventure that will teach 4th–6th youth to make an easy lasagna!

7th–12th Youth We will have an Intro to Lent and the story of Easter; The Easter play will be introduced.

Wednesday, March 3, 2021

4th–6th Youth Back to our ECHO discussion, where we will learn about the book of and the people that were JUDGES.

7th–12th Youth We will begin to piece together the Easter play.

Youth Groups will NOT meet on March 10 (Happy End of the Tri!) and March 17 (Spring Break!)

Do you have any questions, ideas to add, or concerns? Please email Anna at anna.sheetz@firstpreswacity.org

We're excited to see you every Sunday.

Join Zoom Meeting

<https://us02web.zoom.us/j/89921391094?pwd=UTFieVdqcVgwZnhKQ2lOS2grNkNFQT09>

Meeting ID: 899 2139 1094

Passcode: 134376

We hope you will think about joining us even if you have not been with us recently. Since we are not seeing one another at church, it feels good to connect each week. We have a consistent group of 8–10 participants, and new people are always welcome.

Please email Judy at judy.whitford@firstpreswacity.org to get the latest topic!

The Wired WORD

An Adult Curriculum

Scripture-based study and discussion
about current issues in the news.

FPC Congregational Health Ministry Team Updates

Nearly two years ago, we began to offer first conversations about advance directives for healthcare, called "Honoring Your Wishes." We were making great progress and had over 100 contacts with this program. Then when the CoVID-19 pandemic began a year ago, the program was put on hold. While it will be a long time before we can safely meet for lengthy discussions, we feel it is a VERY important program to offer our church family, especially now. We consider this offering as a gift to you, our cherished family, as well as from you to your loved ones.

In the next few months, we will be completing our contacts with the Purple, Red and Burgundy Neighborhoods and beginning to contact people living in the Green, Fuchsia and Blue Neighborhoods. We will be asking all adults over the age of 18 years:

1. Do you have an advance directive?
2. If you do, is it meeting your needs? Or does it need updating?
3. Would you like for a facilitator to review the Honoring Your Wishes program with you (over the phone, FaceTime, or Zoom)?

We care about you and want each one of you to enjoy a full and healthy life, with all your wishes for health care options to be explored and honored.

FPC Honoring Your Wishes Facilitators:

Rhonda Barr (JOBTennis@mchsi.com; 319-936-5998)

Sue Van Duyn Phipps (susanvdphipps@gmail.com; 319-338-4132)

Maeleen Thorius (mthorius@southslope.net; 319-541-3161)



Each month, there will be 3 crafts with supplies prepared and ready to take home! These will be located in the entry (immediately inside the front door of the church). There will be instructions and all the materials needed per kit. Take one craft or all three! Once prepared, pictures can be posted with the hashtag #FPCraftingClub. Crafts will be available on the 15th of each month.

February crafts are "Gee's Bend Quilt," "Prayer Beads," and a "Handprint Valentines Day Cactus." Come find these on February 15 right inside the front door of church!

COVENANT

Covenant Bible Study Zoom

Interested in learning about the Bible in a small group each week? This is a great study that focuses on the Bible, faith and relationships! This group will meet on Thursday nights from 7–8:30 p.m. beginning February 11th.

Please email Ruth Westfall at rwestfa@yahoo.com to sign up today!



Plant a Seed - Create a Legacy The FPC Endowment and Memorials Committee

Bob and Millie Youngquist, Coordinators

More Frequently Asked Questions

Here are more questions that we have encountered. We hope they will be helpful for you as well. Again, please know that the information in this column is just generic and is not meant to provide any actual legal advice. Please consult your attorney, accountant or tax advisor with regard to your personal situation.

4. Is it Possible to Give Something to Charity and Still Receive an Income for Life?

Yes. There are a couple of ways to receive a lifetime income stream from a gift to charity. One way is through the use of a **charitable remainder trust (CRT)**. It works like this:

- An asset is put into a special trust called a charitable remainder trust that is regulated by federal law and is invested.
- The donor receives an income tax deduction for part of the value of the gift and income from the trust for his or her lifetime or for a term of years.
- After the donor passes away, the money remaining in the trust is distributed to charity. This is an irrevocable gift.

If a donor has an appreciated asset (such as stock or real estate that has increased significantly in value), the income stream from the CRT could be greater than if the donor sold the asset outright and invested for income. This is because charities (unlike an individual) do not have to pay capital gains taxes on the sale of appreciated assets. Thus, the full, fair market value of the asset can be reinvested to provide income back to the donor. A donor who makes a gift of appreciated stock or real estate to a CRT is entitled to a charitable income tax deduction that is a portion of the full, fair market value of the contributed asset.

Another way is through a **charitable gift annuity**. It works like this:

- A donor gives an asset, such as cash or stock, to a qualified charity that meets the state regulatory requirements for offering gift annuities.
- The charity signs a contract agreeing to pay the donor a fixed income throughout his or her lifetime. The payment may continue for the life of a second individual, such as a spouse or child.
- The annual payment is a fixed sum, the amount of which is based on the size of the gift and the number

and ages of the beneficiaries. The payments may begin at a later time (i.e., deferred gift annuity).

- The tax benefits include income tax deductions, capital gains deferral, gift tax deductions and estate tax deductions. This is an irrevocable gift.
- Though the church does not serve as trustee of such trusts, it accepts the role of remainderman and is available to help donors and their advisors explore and establish these trusts. Donors who wish to establish a Charitable Gift Annuity with FPC as a remainder beneficiary are encouraged to establish the gift annuity through the Presbyterian Foundation.

5. Can I Leave My Home to Charity and Continue to Live in it During My Lifetime?

Yes. Making a gift of a remainder interest in a personal residence, vacation home or farm can provide a donor with income tax benefits from the newly created charitable gift without affecting his or her current income or standard of living.

In this arrangement, a donor deeds his or her personal residence, vacation home or farm to charity but, in the deed, reserves a life estate in the property. At the time that the gift is made, the donor is entitled to a charitable income tax deduction for the present value of the charity's remainder interest in the property. During his or her lifetime, the donor continues to enjoy the full use and possession of the property. This includes paying taxes on the property as well as other maintenance costs. Upon the death of the donor, the charity takes possession of the property without a probate proceeding.

Again, there is a lot to think about in these columns! There are many ways to give to our church endowment. Once again, we request that you seek professional legal services in all of these transactions.

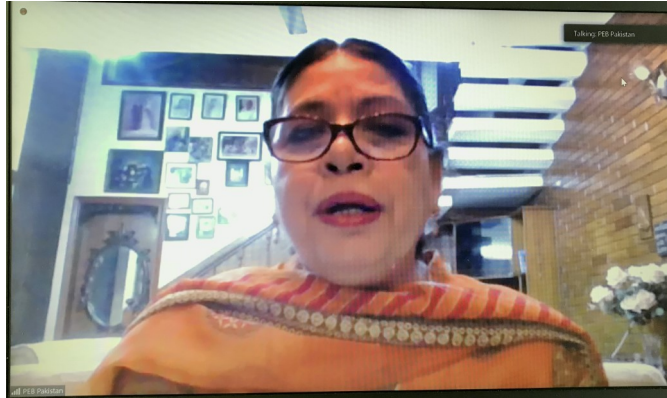
Next month's column will bring still more questions and hopefully clear answers. Do let us know if we can be of help to you in any of this. Thanks! Bob and Millie

As for the rich in this present age, charge them not to be haughty, nor to set their hopes on the uncertainty of riches, but on God, who richly provides us with everything to enjoy. They are to do good, to be rich in good works, to be generous and ready to share, thus storing up treasure for themselves as a good foundation for the future, so that they may take hold of that which is truly life. – 1 Timothy 6:17-19

Veda Gill Visits FPC Virtually

Friends of Pasrur had planned to have Veda Gill, the Executive Director of the Presbyterian Education Board in Pakistan, visit us in person last month. Of course, the pandemic made that impossible, but we still found a way for her to visit—a virtual congregational meeting! She joined us at noon on Sunday, November 29, which was 11 pm in Pakistan.

The highlight of the meeting was a wonderful virtual tour of the Christian Girls Higher Secondary School in Pasrur. It seemed like we were all right there walking around the campus!

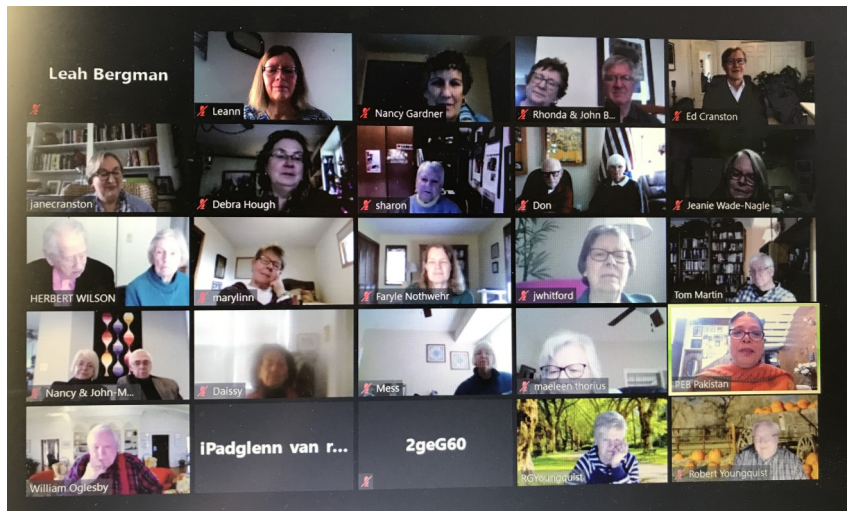


Please click here for your own tour: https://1drv.ms/u/s!Avv4tC-TdHBoiUdTRJmB_8uGnqSN?e=RLjmoG.

You'll see a beautiful campus and impressive buildings. Most of the classrooms seem quite acceptable; however, you'll notice that the area where the youngest girls learn needs improvement. There is a dirt floor, and the walls, roof and foundation are in bad shape. Veda told us that a plan is being prepared to replace this block.

Friends of Pasrur continues to work to fund scholarships for the girls in the boarding house. Donations may be sent to the church (with "Pasur Scholarships" in the memo line). Thank you for supporting FPC's international mission program.

Submitted by Leann Graves,
Friends of Pasrur



*Your offering supports
these ministries of
Frist Presbyterian Church.*



Help Reconciliation Ministry help kids by donating new mittens and underwear. Donations can be left inside the main entrance of FPC until February 25.


Lucas and Kirkwood elementary schools are requesting donations of new child-sized mittens and underwear.



FPC Book Club News you can use!

New Meeting Day—New Location

We meet on the **LAST TUESDAY** of the month January through May, at **11:30 a.m.** We continue to meet on Zoom until we get the “go ahead” that we can meet at church.



February 23	<u>I was Told to Come Alone: My Journey Behind the Lines of Jihad</u> by Souad Mekhennet
March 30	<u>Notorious RBG: The Life and Times of Ruth Bader Ginsberg</u> by Irin Carmon/Shana Knizhnik
April 27	<u>When We Were Young and Brave</u> by Hazel Gaynor
May 25	<u>A Confederacy of Dunces</u> by John Kennedy Toole

For more information contact, Mary Linn at jmLnn@aol.com



Outreach Lookout

New for 2021: Keeping an eye on FPC friends & family out in the community. If you have a submission, send to tammy.schroeder@firstpresbiowacity.org

Outreach made a donation to Mercy Hospital's *Garments to Go* program.

This donation will assist Mercy in purchasing clothing for patients who would otherwise be discharged in a hospital gown and robe.

For more information, contact Mercy Pastoral Care, 319-339-3657.

Matthew 25:31-46

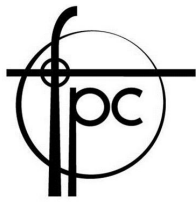
right
welcomed
clothing
gave
prison
least
visited

hand
sick
naked
thirsty
hungry
eternal
righteous
Lord

prepared
sheep
one
food
saw
drink
eternal
righteous
Lord

About Garments to Go!

Garments to Go! Is a project of the Mercy Pastoral Care (PCD) Department to meet the basic clothing needs of patients who are unable to leave the hospital without the proper attire. PCD provides sweatpants, sweatshirts, and t-shirts to patients as referred by nurses in the units.



get connected

First things first ... You need to sign into **My First Pres**; it is a portal on the website that lets you update your contact info, add a family photo, see your financial gifts, set up online giving, print directories, and view the church calendar. Instruction to sign in, below in green box.

Sign in to My First Pres

1. Go to FPC website, <https://firstpresidiowacity.org/>, scroll down to the **My First Pres** box
2. Click on "Need a Login? Click Here"
3. You will be asked to enter your first name, last name and email. Enter this info and click "Find Me"
4. You should see a note congratulating you on setting up your account.
5. Once you see that note, check your email for your username and temporary password
6. You will be able to change password once you login
7. You should open up to the HOME screen; look at MY COMPLETE PROFILE for your personal information, PLEASE make sure your address and phone numbers are correct, feel free to make any changes needed. Note: changes are verified and may take 24 hours to show up. You can also sign up for online giving, pledging and see your yearly giving.

This is where it gets handy ... Now that you have **My First Pres** set up, you have the option to download the **Church Life** app to your phone or tablet! **Church Life** keeps you organized by allowing you to see calendar events, locate your friends' contact info (church directory at your finger tips); text, email and call plus get directions to map visits all on the go. You can keep track of your pledge and gifts to FPC, too.

Instructions below in blue box.



- 1) Download Church Life
iPhone— App Store Android— PlayStore
- 2) Log in
Use the same username and password
you use for MyFirstPres.

Should you encounter any issues feel free
to email Tammy Schroeder at
tammy.schroeder@firstpresidiowacity.org

First Presbyterian Church Staff

MINISTER OF WORSHIP AND ARTS
Leah Bergman
leah.bergman@firstpresidiowacity.org

ORGANIST
Melissa Moll
melissa.moll@firstpresidiowacity.org

MINISTER OF PROGRAMMING AND
COMMUNICATIONS
Tammy Schroeder
tammy.schroeder@firstpresidiowacity.org

INTERIM PASTOR
Terry Purvis-Smith
TerryPS1@me.com

MINISTER OF EQUIPPING PROGRAMS
Anna Sheetz
anna.sheetz@firstpresidiowacity.org

ASSISTANT MINISTER OF EQUIPPING PROGRAMS
FOR ADULTS
Judy Whitford
judy.whitford@firstpresidiowacity.org

ASSISTANT MINISTER OF EQUIPPING PROGRAMS
FOR YOUTH, YOUNG ADULT, AND
HOSPITALITY
Layne Sheetz
layne.sheetz@firstpresidiowacity.org

FINANCIAL SECRETARY
Saira Steen
saira.steen@firstpresidiowacity.org

MINISTER OF STEWARDSHIP AND
MANAGEMENT
Tammy Foster
tammy.foster@firstpresidiowacity.org

SEXTON
Gerald Hill
gerald.hill@firstpresidiowacity.org